

# Spirituality Network Newsletter

Spring  
2006

The Spirituality Network, Inc. provides:

- Education and formation through the Wellstreams Training Program
- Spiritual direction referrals for groups and individuals
- Retreat planning and facilitation
- Programs to foster the spiritual life
- Connection to a variety of spirituality resources in central Ohio

As an ecumenical organization, the Spirituality Network serves people both within and outside of religious institutions.

connecting people with resources for spiritual growth

## Authentic New Orleans Flavor at Arti Gras! 2006

by Amanda Stone Cushing

The Sixth Annual Arti Gras! A Celebration of Art and Spirit was held February 18 at First Community Church and supported by a grant from the Greater Columbus Arts Council.

Words will fail me as I try to relate how exciting, uplifting, inspiring and creative this year's Arti Gras was. So, to all the individuals who offered time, talent, and art materials to make this event happen I say: WOW! And to all the delightful people who came out to create, I say Double WOW!

Participants painted, wrote, sang, practiced yoga, and worked with clay, fabric, and beads, as they explored the ways that creativity can lead to healing for our broken world and broken bodies.

Special to this year's event was the presence of New Orleans native, Chef Tracey Boldt, and her sister Charleyne who provided our Louisiana menu for lunch. We feasted on Gumbo, Seafood Pasta, Red Beans and Rice, Etouffee, and bread pudding. When they were introduced to the diners, Tracey and Charleyne were given a rousing standing ovation.

Tracey, along with her two sisters, her mother, grandmother, and four teenaged children, resettled in central Ohio after their devastating exodus from New Orleans after Hurricane Katrina destroyed their homes and took the life of one husband. Despite their traumatic losses, these women are remarkably resilient. Struggling with grief and loss that most of us will never have to face, they are an inspiration for healing broken lives. The family has found solace in cooking together, sharing stories, and simply being together. We designated Tracey and her family to receive 10% of the donations received during this event to help them as they begin to slowly make their way back to New Orleans. The silent art auction raised funds for the Spirituality Network and gave us more to share with Tracey's family.

The day ended in authentic New Orleans style with the music of Arnett Howard and friends leading us in a Second Line celebration march. Dancing and grinning big smiles, we closed another successful, inspiring event. WOW!

What will be in store for next year's Arti Gras? You will have to come and see!

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# Executive Director

Patricia J. Gibboney, CFRE

a message from the

## Reminder:

The Further Explorations of Sacred Feminine Discussion Group will meet on the second Tuesday of March and April, 2-4pm, at First Congregational Church. Free-will donation accepted. Please RSVP by calling 228-8867.

## Spirituality Network Board of Directors

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The Spirituality Network is an extraordinary organization with a rich history of 20 years. Hundreds of individuals have begun and are continuing their spiritual journey with the assistance of the ecumenical resources available through the Network.

During the past few months I have been overwhelmed and encouraged by the reponse to our invitation to each of you to join us as a Friend of the Network. If you have not done so by now, it is not too late! Our programs are being attended by more individuals, many for the first time. As you will read elsewhere in this newsletter, The Sacred Feminine in Art, on January 18, and Arti Gras, on February 18, not only provided spiritual exercises but allowed the participants to move along in their journey. Additionally, the requests for prayer-centered retreats and individual spiritual direction continue to increase. The Wellstreams program is preparing to graduate its current class of 19 and is reviewing applications for the new class beginning in the fall.

It has been said that "interest in spirituality keeps rising and expanding like a yeasted lump of dough." The Spirituality Network is ready to respond to this need by continuing our mission of connecting people with resources for spiritual growth. Please help us perpetuate this mission by providing support, ideas, comments, and participation. We cannot do it without you!



Registration table: Jackie Dean and Corrine Hughes



Tracey and Charleyne serving lunch and joy

# Arti Gras! 2006

## A Celebration of Art & Spirit



Masks of Healing before (above and below right) and after (right) with other artworks on the blessing table



Donna Doone with donated works for the Silent Auction (below)



Donita Harris and Maddy Stapleton making Spirit Dolls



Gary Farmer and Ray Kline in conversation in the Quilting Room



Creations from Healing Community: Earthen Clay



ArtiGras was supported by a grant from the Greater Columbus Arts Council



# Spirituality Network Events



The Spirituality Network is pleased to present a Men's Spirituality Event:

## Odyssey to Wholeness

Featuring Guest Speakers Mark Feinknopf, Joe DiCesare, and Jim Grote

*Saturday April 8, 2006, 9:30am-2pm*, First Congregational Church, 444 E. Broad St., Columbus. PREPAID registration \$40; at the door \$50. All materials and lunch provided with paid registration. Mail payment, with name, address, phone number, and e-mail address to Spirituality Network Men's Event, 444 E. Broad St., Columbus, OH 43215.

Join our gathering to connect with other men who are looking for spiritual depth. Our guest speakers will share a part of their spiritual journey from three different perspectives, setting the stage for roundtable discussions.

**ATTENTION MEN'S GROUPS:** If you are interested in reserving a table at a reduced rate, please contact Amanda Stone Cushing at the Spirituality Network: 614/228-8867. Each table will seat eight participants.

## Women to Women Outreach Ministry

Sister Noreen Malone's dream for the Spirituality Network Outreach Ministry, Women to Women, has been planted, taken off and is blooming at the YWCA Family Center in Columbus, Ohio. The new ministry began on January 25, 2006 and has been blessed to serve 21 women in a 1-month period. This new group is an offshoot of the original Women to Women group that meets every third Wednesday at the Martin de Porres Center at St. Mary of the Springs.

Every gathering of Women to Women brings women together who share from their storehouse of wisdom, gift and invite offerings from their sacred stories, empower and encourage each other for life, and practice holy listening and reverence for one another.

Sister Noreen's dream garden is fragrant with concrete incense and is calling: Are there spiritual directors who are feeling moved to root a Spirituality Network Outreach Ministry for Women to Women in a church, organization, or agency? If you are interested in starting a Women to Women group, you are invited to contact the Spirituality Network, 614/228-8867; e-mail: spiritnetwk@hotmail.com.

Preregistration is strongly encouraged. Please preregister for these Spirituality Network programs by calling 614/228-8867 or e-mailing spiritnetwk@hotmail.com

## The Wounded Soul: The Spiritual Impact of Childhood Sexual Abuse

A workshop of professional enrichment—ideal for spiritual directors, clergy, Stephen Ministers, chaplains, and others in caring ministries. Facilitator: Linda G. Schoen.

*Saturday, May 6, 2006, 9am–noon*, registration and coffee at 8:45 am, First Congregational Church, 444 E. Broad St., Columbus, Early discount registration fee: \$35 if PREPAID by May 1; \$50 after that date.

Childhood sexual abuse leaves many scars, including spiritual ones. This workshop will focus on the effects of childhood sexual abuse on the spiritual life. We will explore the impact on God images, relationship issues of trust and intimacy, prayer life, the use of ritual, and other aspects. We will talk about companioning individuals on their journey of healing from sexual abuse and possible challenges and opportunities for grace.

This enrichment workshop is intended for spiritual directors, clergy, or other individuals who companion people on their journey. It is not intended to provide a therapeutic setting for those who wish to explore their own issues associated with abuse.

Linda G. Schoen is a graduate of the Spiritual Guidance Program offered by the Shalem Institute of Spiritual Formation. She brings over 25 years experience as a psychologist to her desire to companion others in their spiritual deepening. She serves on the advisory board of the Wellstreams program.

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## Crowning the Sacred Feminine, Revering Mary, Queen of May

*Friday, May 12, 11:30am-4pm*. Save the date. Watch for further details from the Network.

Join others for a luncheon and circle gathering under the wonderful trees surrounded by springtime blossoms on the sacred grounds of Timbertop, the home of Mo and David Meuse, in Lancaster, Ohio. Then journey together to St. Mary of the Assumption Church in historic Lancaster for guided meditation, ceremony and quiet reflection around the most important Christian holy feminine, Mary. Return to Timbertop for dialogue and a closing blessing.

The Wellstreams Training Program is pleased to present:

## The Four Scriptural Stages of Faith Development

Thursday, March 9, 2006, 7-9pm, Martin de Porres Center, St. Mary of the Springs. Free will donation gratefully accepted. All proceeds will go to the Wellstreams scholarship fund.

The Bible records the experiences of a variety of people in many different kinds of situations in which a great number of spiritual dynamics are at play. These four stages are tools that reflect universal dynamics in humanity's relationship with God. As with all things about our human nature, each state elicits strengths and weaknesses in our spiritual development and evidences aspects of light and shadow within us. It is important to acknowledge these as equally operative in the biblical tradition as they are operative in us. This will be an interactive workshop conducted by Rev. James DiLuzio, C.S.P. As a priest and actor, he developed this evening to exemplify how we may more fully personalize and celebrate scripture in our lives. Father James earned a Master of Divinity degree at Catholic University, Washington, DC, and a Master of Drama degree at the University of Southern California.

This workshop is presented in partnership with the Martin de Porres Center.

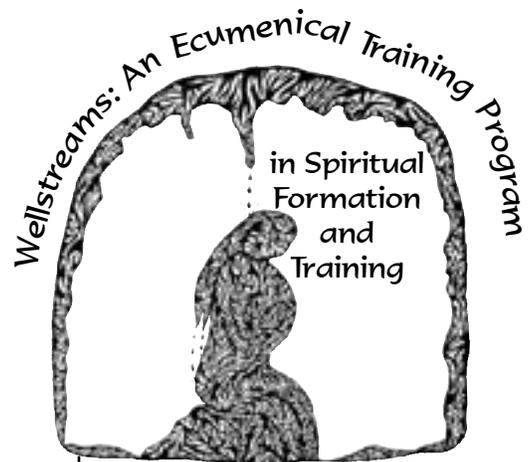
## Exploring the Enneagram

Saturday, April 1, 2006, 9:30am-3:30pm (registration 9am), Martin de Porres Center, St. Mary of the Springs. Workshop Fee: \$50 (optional lunch available for \$5 if reserved by March 17, 2006).

This workshop will explore the ways the Enneagram can help us in our journey of self-discovery. The Enneagram is much broader and deeper than other personality theories and is of greater value to those seeking to know their real inner selves, their motivations, and ways to become a more whole individual. This workshop is a basic introduction, not only to types, but also to the centers, which help us to grasp the deeper levels of this complex system. The presenter for this workshop will be Carol Ann Spencer, OP, a spiritual director, retreat leader, and Director of Wellstreams, a training program in spiritual formation and development. She earned an M.P.S. in Pastoral Studies from Loyola University in Chicago, where she also received a Certificate for Enneagram Workshops.

This workshop is presented in partnership with the Martin de Porres Center. It is open to anyone who is in a helping profession and/or who is desirous of inner growth. This day will include input, group discussion, and practice.

For more information or to register for these workshops, please contact the Wellstreams office at 614/228-8867.



## Wellstreams News

- Applications for the new class, which begins on August 25, 2006, are now being received. The deadline for applications is June 15, 2006. For more information and application forms, please call Carol Ann Spencer, O.P. (228-8867)
- The current class has begun the fourth semester of their practicum. For the next two semesters they will be working with two outside directees under supervision. With the help of our intern directors, we are able to introduce 36 new people to spiritual direction.
- The Central Ohio Region of Spiritual Directors International meets twice a year for support and continuing formation. These meetings are open to all spiritual directors in the area. The next meeting will be on Tuesday, May 2, from 1:15-3:30pm in the Martin de Porres Center.

# O Rest in the Lord

Judy A. Johnson

God's sense of humor is once again at work in my life. Because winter isn't my best time, especially when projects are thinner than usual (leading to economic fears), God is sending me daily reminders of what my real task might be right now: to rest in the Lord, as the trees and flowers and creatures are resting in the January sun.

God uses whatever means are available. Having decided that I wanted to sing Gabriel Fauré's *Requiem* badly enough to work toward an audition, I hired a voice coach. On the basis of two brief phone conversations, she chose for me an audition piece from Felix Mendelssohn's oratorio *Elijah*. The lyrics are a paraphrase of Psalm 37, one of my all-time favorite psalms. "O rest in the Lord; wait patiently for him and he shall give thee thy heart's desires. Commit thy way unto him and trust in him and fret not thyself because of evildoers. Rest in the Lord and wait patiently for him."

I began fretting as soon as I saw the song; I would need to hit a D, and I'm a typical alto, phobic about anything higher than a C. Jane, my teacher, is blithely ignoring this. She thinks I'm a mezzosoprano, a real blow to my contralto-wannabe ego. Don't ask me why the contralto is superior; as an upper elementary student, I must have thought second soprano meant second rate, the way a friend at church says they were taught not to regard their status as second violin. Despite the glories of the Anglican "middle way" of moderation, I'm really more of an extremist. A middle soprano is not where I thought I was going.

In any case, I am to practice daily, first warming up with scales, which both cats hate hearing, and trying to remember to breathe properly. And then I sing the words, so that nowadays they are the tune in my head when I stop to listen to the interior soundtrack. Rest; fret not, not even about being a mezzo.

I'm not much for patient waiting; nonetheless, God has given me the desires of my heart: a book in print, a teaching ministry at church with vibrant teens, a solitary life among the peace of my village. Then there are the unexpected day-brighteners: it's 50 degrees out, almost unheard of for mid-January in Ohio, and I've hung out sheets and towels on the line. Tonight I will breathe in their fragrance and remind myself to rest in the Lord.

*Judy A. Johnson is a freelance writer and author of the soon-to-be-published A Week to Pray About It.*



Isis International-Manila/Sandra Torrijos



# Only God Knows...Remembering Jimmy

Corrine Hughes

It was an ordinary Sunday afternoon. I had finished the brunch dishes and taken the newspaper to my favorite chair to begin my "read." I had nothing planned for the day so I would have sat there moving through each section in leisurely fashion for 2 hours or more.

However, while reading the obituaries, another familiar routine given my age, a name I hadn't seen in over 40 years caught my attention. The deceased was an 81-year-old woman. As I read the names of her survivors, including a son named "Jimmy," the image of a shy sixth grader wearing glasses filled me with nostalgia. I taught a Jimmy with the same surname in my second class at a local elementary school. Because the surname is a bit unusual, I wondered if this Jimmy was my Jimmy.

The wake was at a funeral home not far from my house, so I decided to interrupt my leisure and go. Why? Only God knows. I would like to think Jesus' words in Matthew about comforting those who mourn divinely inspired it. But it was less than that, I'm guessing. Or maybe it wasn't. Only God knows.

As I drove, I had qualms. Would Jimmy even remember me? I had just seen another former student from the same era at a yard sale the day before. I spoke to her about our relationship but she didn't seem to have any remembrance of her classmates or me. What a coincidence that in one weekend two former students from 40 years ago would emerge.

When I entered the wake room, I walked directly to the casket. People were chatting in small groups but no one approached me. I said a silent prayer as I looked upon a very gentle face. Posters of photos were displayed so I

checked to see if I was correct about my connection to this mother. Sure enough, I saw pictures of Jimmy at family events going back to the years I had him as a student.

I looked into a side room and immediately saw who I was looking for. It is amazing how certain features of a person age but don't really change. I walked up to this 50-something man who eyed me curiously, extended my hand and said, "Do you remember me, Jimmy, your sixth-grade teacher?" The next thing I knew I was in a bear hug and he replied, "I can't believe that you would come, my favorite teacher of all time." His response made me choke up. All I could reply was, "God bless you" as tears gathered. We chatted about his mom and the people we both knew from the past. He mentioned that he had come to my wedding. A memory of that had remained with me over the years because he was the only one of his class who did come and I regretted that I didn't speak to him that day because he, probably because of shyness, didn't come through the receiving line.

Then he took me by the hand to meet his wife and two children. His wife, Judy, was delightful and recalled Jimmy talking about me. More tears. Their daughter is pursuing a master's degree that complements her career in alcohol rehabilitation and their son works with handicapped adults in some capacity. I said that as parents, they must have done many things right to have children who value those types of careers. His reply was, "many prayers through the years."

After another hug from Jimmy, another "God bless you" from me and an exchange of best wishes, I took my leave. I drove home still teary-eyed, thanking God for blessing me that day. Will we meet again? Only God knows.

*Corrine Hughes is a faithful volunteer at the Spirituality Network and serves her community in many ways through B.R.E.A.D., The Dominican Literacy Center, her parish, her family, and as an inspiration to many "Jimmies."*

## Reflection:

### A personal journey to self-acceptance

From earliest childhood, I was educated in the 4 r's: reading, 'riting, 'rithmetic, and Religion. Until recently, however, I thought being a good, faithful Christian mostly meant practicing structured rules of my faith (Catholic). While I believe that guidelines are important in any venture, including faith, I have come to see how spirituality encompasses more than these. There are guidelines of the heart, no less God-given than written precepts. It is these guidelines of my own heart that brought me, through several twists, to Spirituality Network to deepen my own faith journey.

Several years ago, I began to embrace my sexuality as a gay person. I saw that the teachings of my faith—my “guidelines”—left me feeling unwelcome and rejected. Going to church felt phony and I endured a time of emotional isolation from the faith that I loved. Then, a close confidante died suddenly. In my grief, I thought this was God's punishment for rejecting the traditional teaching. But soon I realized another purpose: maybe it was a wake-up call for me to explore how I might reconcile my confusion. Through a referral from the director of Sanctorum, I discovered The Spirituality Network.

I felt comfort and peace as I met with the Network staff member for a spiritual direction referral. Because of the acceptance and concern I received, I felt that God had led me there. The Spiritual Directors she referred me to have, over the last year, continued to foster that same feeling. They have helped me renew my spirituality, a desire to connect with other Christians like myself, and a hunger to study the Bible. And I have returned to worship at church. In connecting with good books, affirming counselors and Christian resources, I know it IS possible to witness as a nonstraight Christian. I still wrestle with doubts, which confirms I'm still on the journey to full self-acceptance as the person God created me to be. But having connected with new people, resources, and affirming friends, I find the journey now has more focus and peace. Above all, I have discovered that God *is* with me in both my struggle and my growth. I still visit the Network as a volunteer and I still feel the incredible peace and comfort I initially experienced there. My meetings with my spiritual director are usually there, too—and the incredible feeling of freedom, along with the sacred space I find there, make me feel safe. Whenever I leave there, it is with renewed energy and hope.

The Spirituality Network has been a Godsend in my life. The heart of their ministry, in my experience, seems to be helping people find their own spiritual energy, and expressing it, as they deepen their relationship with God. This is what I think is at the heart of all religions; but can be obscured when “just following rules.” The heart and energy of each person needs the spirit within to bring God's will to life, to make a better, more compassionate world.

Teri M.

## Spiritual Direction

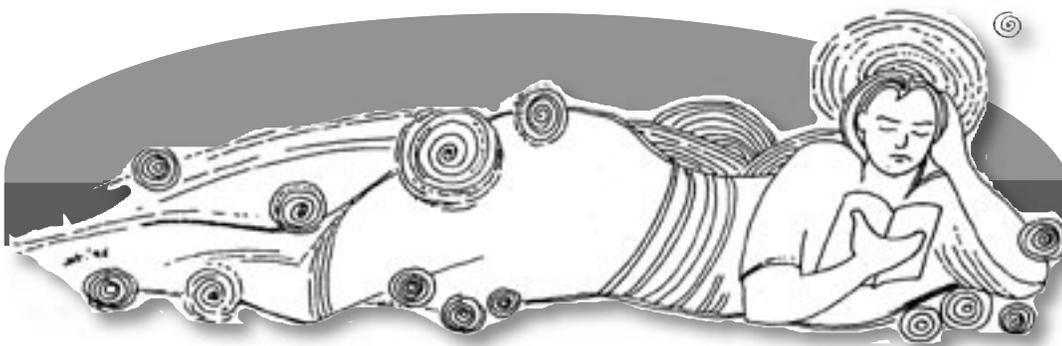
### Discovering God's Presence



Spiritual direction is a prayerful, reflective experience in which you come to recognize the presence and movement of God's spirit in all aspects of your life. At the heart of spiritual direction is the understanding that God longs to be in relationship with you as much as you long for God. In the midst of our busy lives, we long for a felt sense of God's love; and because of the busy-ness we struggle to find it. The process of spiritual direction invites you to greater awareness of the infinite ways that God is inviting you into a deeper, more meaningful relationship. You will discover God's grace in both blessing and brokenness.

If you would like to explore the possibility of beginning spiritual direction, please contact The Spirituality Network to schedule an intake interview (we will gratefully accept a small donation for this service). The intake process will cover the basic understanding of the direction process and help you to discern if direction is indeed what you are looking for. You will be given two or three possible matches for you to contact. It is important that you are comfortable and feel safe with your spiritual director so it is wise to contact the referred directors before deciding.

We would love to have the opportunity to come to your church or organization to make a presentation on the ministry of spiritual direction. If you would like to learn more, please call The Spirituality Network, 614/228-8867 or visit our website: [www.spiritualitynetwork.org](http://www.spiritualitynetwork.org).



## Books (and music) for your spiritual life

*Arctic Dreams* by Barry Lopez. Vintage, 2001 (paperback). National Book Award recipient when originally published in 1986. **Available through Amazon.com (see below).**

My introduction to Barry Lopez' brilliant writing was through this luminous collection of essays, reflections, and stories when it was first published 20 years ago. I have been a Barry Lopez fan ever since. *Arctic Dreams* comes out of his travels through the Canadian Arctic region over a 5-year period. He offers a rare combination of earth science, anthropology, and travelogue seasoned with touches of mysticism. Lopez has a particular gift of drawing lessons from the land and the wild inhabitants that dwell there and offering them to us with great clarity.

"Today...an imaginative, emotional approach to the Arctic is as important as a rational, scientific one. Lopez has written a wonderful, compelling defense of the Arctic wilderness." (©1986 Reed Business Information)

The more we can understand the beauty and wonder of creation, the more we will revere it, rather than tame or destroy it.

*Recommended by Amanda Stone Cushing, Spirituality Network Program Coordinator*

A sampling of other titles by Barry Lopez:

*Of Wolf and Men*

*River Notes/Desert Notes*

*Winter Count*

*About this Life: Journeys on the Threshold of Memory*

### Help the Network When You Buy

For the purchase of any books, music, or gifts, visit our website, [www.spiritualitynetwork.org](http://www.spiritualitynetwork.org) and use our link to Amazon.com. The Spirituality Network will receive a donation of a portion of your purchase price. Visit today!

*Personality Type: An Owner's Manual*. Shambhala, 1998.

If you have time to read only one book on personality, *Personality Type* is the one. Both practical and wise, it's the best intro to psychological type, such as Myers-Briggs (MBTI) theory, and it includes a test to help you determine type (also available free online at Thomson-Maidenbaum Personality Inventory). But it's more than an introduction. Each time I reread it, I find greater depth.

Lenore Thomson begins: "This book is for those who believe that living can be an art—a project whose outcome is ourselves." Illuminating without being didactic, she explains the principles underlying the different ways people grant meaning to their experience, how and where they invest psychological energy, how they become conscious and self-aware, how they prefer to adapt to their environment. By showing the point of view each type brings to various life tasks, Thomson shows how all types struggle to reconcile their inner psychological conflicts. Her stories exemplify the way our common human nature diversifies into types that challenge each other's compassion. Such compelling stories come only from lived experience integrated with profound knowledge of science, religion, and the arts, including pop culture. Through humor and cautionary tales, the book guides us away from simplistic trait-based models of personality to dynamic type development, which explains the different ways each type meets common human challenges.

I met Lenore through an international professional type users listserv in 1999. I have twice brought her to Columbus to do workshops for the Association of Psychological Type and the Jung Association of Central Ohio. She played a role in one of my interactive murder mysteries at an APT regional meeting in Wisconsin, where she resides. After becoming a daily e-mail friend, she now serves as my spiritual director.

*Recommended by Jeanne Marlowe, Spirituality Network Board Secretary*

*continued on p. 11*



# Community Events

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## Martin de Porres Center

2330 Airport Drive, Columbus;  
614/416-1910; martindeporres@  
columbusdominicans.org; www.  
columbusdominicans.org/whatwedo/  
outreach/deporres.htm

*Turning Leaves and Tea Leaves.* You are warmly invited to our book club, which meets the second Wednesday of every month, 2-3:15pm, and is facilitated by Marialein Anzenberger, OP, and Colleen Gallagher, OP. In April, the book for discussion will be *Gilead* by Marilynne Robinson.

*Tuesday Evenings at the Justice Movies.* The following movies are used for a starting point for discussion. Each session is free and open to the public. Offered in partnership with the office of Preaching, Justice, and Care of Creation of the Dominican Sisters, St. Mary of the Springs.

"Affluenza." March 7, 7-9pm. This film looks at the devastating impact of consumerism/commercialism/materialism on communities and the environment.

"Wal-Mart: The High Cost of Low Price." April 4, 7-9pm. This documentary by Robert Greenwald explores the effects of Wal-Mart stores on the communities in which they operate and the people they employ. Current and former employees, managers, and executives tell about the corporation's inner workings.

*I Have Survived the Winter: Moving through Grief.* March 18, 10am-3pm. Facilitator: Mauryeen O'Brien, OP. Suggested donation \$5, includes a light lunch. Explore the process we go through when grieving the death of a loved one. The day will include time for reflection and sharing, concluding with a

memorial prayer service honoring those who have died and who have special meaning in our lives.

*Who's Really in Charge Here?* April 25, 10am-1pm. Preregistration required. Suggested donation \$10, includes lunch. Gift your receptionist, secretary, or administrative assistant with a morning of reflection, ending with lunch.

*A Spiritual Journey: Walking the Labyrinth.* May 13, 10am-12pm at the Martin de Porres Center; 12:30-3pm at Shepherd's Corner. Suggested donation \$5 for the morning session, \$10 for the afternoon session, includes a simple lunch. Learn about this ancient practice of meditation, experience both an indoor and outdoor labyrinth walk, and learn to facilitate a labyrinth walk.

*Meeting Jesus Again.* June 24, 10am-4pm. Come and explore the question, "Who do I say Jesus is to me?" Participants will deepen their awareness of Jesus' presence in the world today. Presenter: Barbara Stanbridge, IHM. Suggested donation \$15, includes lunch.

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## The Spiritual Center of Maria Stein

2365 St. Johns Rd., Maria Stein, Ohio.  
Larry Reichley, Program Coordinator.  
Toll free 877/925-7625.

*Centering Prayer: Resting in the Heart of God.* May 12-14, 7pm Fri-11am Sun. Presenter: Anita Donnan. Donation: \$130 single, \$215 couple, \$75 commuter. RSVP by May 5.

Centering Prayer consists of responding to the Spirit of Christ by consenting to God's presence and action within, and furthers the development of contemplative prayer by preparing our faculties to cooperate with this gift. Anita Donnan is a commissioned presenter of Centering Prayer of Contemplative Outreach, Ltd. This retreat is appropriate for beginners as well as those more seasoned in Centering Prayer.

*Compassionate Communication: The Language of Nonviolence.* June 16-18. Presenters: Larry Reichley & Sharon Reed. Donation: \$155 single, \$250 couple, \$80 commuter. RSVP by June 9.

Few people have been exposed to how unconsciously they speak violently to one another in everyday life. Lives and relationships can be transformed simply by learning to speak compassionately in every relationship. This workshop/retreat will help anyone who is struggling with any relationship. Sharon Reed is a Licensed Professional Counselor who presently counsels at Ohio Dominican University. Larry Reichley, Program Director of the Spiritual Center, has worked extensively in counseling and spiritual direction and travel giving retreats.

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## Jung Association of Central Ohio

James Hollis, a very popular lecturer, is returning to Columbus!

April 7-8, First Community Church, South, 1320 Cambridge Blvd., Columbus

Friday Lecture, 7-9pm: *Funny Bones: The Psychology of Comedy.* What is comedy, and why do we laugh? How are the comic and tragic visions shadowy opposites, and yet the same?

Saturday Workshop, 9:30am-3pm. *Darker Self: Shadow Confrontations in Personal and Public Life.* What is the Shadow, both personal and collective? What is my Shadow and how may I bring it into awareness? Shadow work is the most important thing we can do for our relationships, our children, and our society.

Early registration date: April 1, 2006. Fees: Friday \$15-\$25.; Saturday \$70-\$95. To introduce students to Jungian psychology and the Jung Association, full-time students with student ID will be admitted free to the Friday lecture.

Please contact the Jung Association for more information and to register: 614/291-8050 or JungACO@core.com

## St. Francis Spirituality Center

200 St. Francis Ave., Tiffin; 419/443-1485;  
retreats@stfrancisspiritualitycenter.org;  
www.stfrancisspiritualitycenter.org

*Woman Un-bent: Jesus and the Women of the Gospels.* Presenter: Sharry Hoch. April 21, 7pm through April 22, 3pm. \$60/person overnight, \$45/person commuter

The women of the gospels have much to teach us as women in today's world. Join us as we encounter Jesus through the un-bent woman, the Samaritan woman at the well, and others whose lives were transformed by meeting the Savior. Experience the touch of the one who is the same yesterday, today, and forever.

## Our Lady of the Pines Retreat Center

1250 Tiffin St., Fremont; 419/332-6522;  
e-mail: olprc@ezworks.net; www.pinesretreat.org

*Guided Retreat: The Prayer of Weaving Peace.* June 1-4. \$175 (includes materials). Using the basic techniques of weaving, Sr. Eva Schoell, IHM, will guide a way of praying through our hands, the story of peacemaking in our lives, and how we are called to be weavers of peace in our world.

## Community Events



### Mt. Carmel Spiritual Centre

7021 Stanley Ave., Niagara Falls, Ontario; 905/356-4113; www.carmelniagara.com

*Unfinished Business: Making Peace with Your Past.* June 23, 3pm, thru lunch, June 25. Facilitated by Deborah Ling. For more information call 614/65 3332 or e-mail deborahling50@sbcglobal.net. \$250, includes private room and bath, and six meals.

*Embodying the Holy Spirit: An Experiential Retreat.* August 18, 3pm, thru lunch, August 20. Facilitated by Deborah Ling. Registration handled through Mt. Carmel Spiritual Centre, e-mail mtcarmel@computan.on.ca



Artwork:  
pp. 6, 7, 9 Sandra Torrijos/Isis International-Manila  
pp. 5, 8 Melvi Gelacio/Isis International-Manila

**Books (& music)** continued from p. 9

### Music Recommendations

*Songs for the Inner Child.* Artist: Shaina Noll. Singing Heart Label, 1992. **Available through Amazon.com (see p. 9).**

A soothing, inspiring collection of chants and lullabies offered in Shaina Noll's clear voice for listeners of all ages. The lyrics are simple and affirming, inviting healing for weary or battered souls. Individuals who long to reclaim their inner sense of beauty and value will find powerful comfort and affirmation in "How Could Anyone" (lyrics by Libby Roderick). Other tracks include "Deep Peace to You," "You Can Relax Now," "Return to Me," and "All Through the Night" among others.

Recommended by Amanda Stone Cushing

### Spiritual Sharing Group

The Interfaith Association of Central Ohio (IACO) invites you to share concerns, exchange views, and build relationships on the first Wednesday of each month from noon-1pm, at the Columbus Metropolitan Library, 96 S. Grant Ave., in the first floor conference room. For information contact Jeanne Marlowe, 476-8802; JAMarlowe@juno.com.

IACO, an organization representing eight faith groups (Baha'i, Buddhist, Christian, Hindu, Islam, Jain, Jewish, and Sikh), offers a variety of meetings in other locations. To receive e-mail updates, contact IACO@iaco.org.

### International Women's Writing Guild

The Central Ohio Region welcomes all to its free monthly gatherings. Practice writing, critiquing, and public reading in a supportive, multicultural dialogue circle. Columbus Metropolitan Library, conference room 1, 96 S. Grant Ave.

*March 18,* 10am-noon. Please bring a writing exercise or prompt you'd like the group to do or work you'd like to have critiqued.

*April 22,* 10am-3pm, Regional Meeting.

*Read Around,* Barnes & Noble on Polaris Parkway, May 6, 2-4pm.

To receive e-mail updates, contact JAMarlowe@juno.com; for information, see www.IWWG.org or contact Jeannetta Holliman, 258-7086, e-mail: jpholliman@aol.com.

### Centering Prayer Groups

Led by Fr. Vinny McKiernan, CSP, at the Newman Center, 64 W. Lane Avenue, Columbus, every Monday 7-7:45pm and every Tuesday 12:15-1pm. 614/291-4674; e-mail: vinnycsp@yahoo.com

To receive updates on Network and  
Community events via e-mail, write to us  
at [spiritnetwk@hotmail.com](mailto:spiritnetwk@hotmail.com) (subject line:  
"updates list").

The Spirituality Network  
444 E Broad St  
Columbus OH 43215

The Spirituality Network is a 501(c)3 nonprofit ecumenical organization founded by Christians of the contemplative tradition.

Beginning in 1986, the Spirituality Network was envisioned as an interfaith outreach to address the "thirst for the God of Life." Though the Network was founded and has been sustained primarily by individuals from the wide spectrum of Christian faith, our aspiration is to be a community of acceptance and inclusion.

It is therefore, our vision that:

The Spirituality Network will be an inclusive resource for individuals and groups in Central Ohio who share a desire for spiritual growth and for helping others on their spiritual paths. Through a rich and diverse network of resources, we seek to provide a lasting sense of hope, peace, and purpose for our community.

Our programs include:

- Wellstreams Ecumenical Program of Spiritual Formation and Training
- Spiritual Direction Referrals
- Retreat Planning and Facilitation
- Continuing Education for Spiritual Directors and those in companioning ministry
- Women to Women Listening Ministry

## Gratitude

First Community Church for hosting ArtiGras  
MJ Abell for donating coffee and teas  
Mt. Carmel Health for underwriting the Lenten Journal printing  
Fr. Vinny McKiernan for his faithful dedication to creating the lenten journal for the 15th year!  
(Also, happy 75th, Fr. Vinny)  
Artists who provided beautiful works for our auction

## Wish List

Rolls of first-class stamps (39¢ stamps)  
Rolls of postcard stamps (24¢ stamps)  
Inkjet mailing labels  
File folders  
(If you feel called to provide any of the above, please phone us to arrange delivery. THANKS!)