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The Spirituality Network,
Inc. provides:

- Education and formation through the Wellstreams Training Program
- Spiritual direction referrals for groups and individuals
- Retreat planning and facilitation
- Programs to foster the spiritual life
- Connection to a variety of spirituality resources in central Ohio

As an ecumenical organization, the Spirituality Network serves people both within and outside of religious institutions.

SPIRITUALITY NETWORK
444 E Broad St
Columbus OH 43215
Phone 614.228.8867
Fax 614.228.8975
spiritnetwk@hotmail.com
spiritualitynetwork.org

Twitter: www.twitter.com/spiritnetwk
Facebook: www.facebook.com; search "Spirituality Network, Columbus, Ohio"

THE LIGHT OF CHRIST



HAS COME INTO THE WORLD

May the light shine on all God's children.

From the staff of The Spirituality Network,
we offer our prayers
for peace on earth, goodwill toward all.
Carol Ann, Amanda, and Patricia

SPIRITUALITY NETWORK EVENTS

The following programs will be held at The Spirituality Network.

PREREGISTRATION IS REQUIRED. SPACE IS LIMITED.

To register, send name, phone, e-mail, and name of program to Spirituality Network ATTN: PROGRAMS, 444 E Broad St, Columbus, OH 43215

Continuing Education and Professional Enrichment Workshops:

JUNGIAN PSYCHOLOGY AND SPIRITUAL DIRECTION: A 4-PART SERIES

Mondays, February 1–22, 2010, 7pm–8:45pm

Facilitated by Sister Janice Bachman, O.P.

Fee: \$60 PREPAID by January 22; \$75 after

PREREGISTRATION REQUIRED: SPACE IS LIMITED.

See registration instructions above.

C.G. Jung believed that the human psyche has an inherently spiritual function; thus growth and healing cannot occur unless we regain a religious outlook. In this Monday night series we will explore some of the contributions Jungian Psychology has made to the understanding of the human person and how this can assist in the spiritual direction process.

We will explore the following:

- Movements of the soul: Spiritual growth and the individuation process
- What the shadow reveals and the invitation it brings to integrate its contents
- What dreams reveal and the practice of active imagination
- The process of transformation and conversion in our lives

Janice Bachman, O.P., a Dominican Sister of Peace, is an experienced spiritual director, retreat director and Jungian Analyst. Janice has been involved in the training of spiritual directors for the past 12 years. A graduate of Creighton University's (Omaha) Christian Spirituality Program, Janice is on the summer faculty of Creighton's Graduate Program in Christian Spirituality as well as a faculty for Wellstreams.



Cristina Ousumbing Ramilo / Ieas Internatioal / Manila

GRIEF, LOSS, AND THE SPIRITUAL JOURNEY: COMPANIONING THE BEREAVED

Saturday, February 27, 2010, 9:30am–12pm

Facilitated by Annie S. Dalby, L.I.S.W.

Fee: \$25 PREPAID by February 22, \$35 after

PREREGISTRATION IS REQUIRED: SPACE IS LIMITED.

See registration instructions above.

For spiritual directors and others in caring professions, this workshop will help expand awareness and understanding of the processes of grief and bereavement. The content will focus on the dynamics of grief in relationship to the spiritual journey and the work of spiritual companions.

Topics to be addressed:

- Processes of grief and tasks of mourning
- Overview of anticipatory, complicated, and disenfranchised grief
- Differences in styles of grieving
- Addressing adult and older adult bereaved individuals
- Accompanying the dying

Annie S. Dalby, Licensed Independent Social Worker in the state of Ohio since 1991 and has extensive experience and training in child, adolescent, and adult psychiatry and grief and bereavement services. She currently serves as Director of Bereavement Services for Zusman Community Hospice in Bexley. Annie is also a spiritual director and graduate of the Wellstreams Training Program in Spiritual Formation in Columbus.

HEALING ENERGY: THE CHRISTIAN APPROACH TO REIKI

Saturday, March 20, 2010, 9:30am–12pm

Facilitated by Donita Harris

Fee: \$25 Prepaid by March 15; \$35 after

PREREGISTRATION IS REQUIRED. SPACE IS LIMITED.

See registration instructions above.

Reiki is an energy balancing technique for pain relief, relaxation, and healing through a gentle laying-on of hands. It is an avenue for expressing and receiving compassion and creating a deeper sense of connection to God. As interest in reiki grows, many Christians have questions about the legitimacy of this healing ministry. We will look at what Reiki is, how it is practiced and received, and what Christian teaching has to tell us about healing practices.

Facilitator Donita Harris is a Reiki Master, Spiritual Director, and Christian Lay Minister in the United Methodist Church.

10TH ANNUAL ARTI GRAS! A CELEBRATION OF ART AND SPIRIT

In the Gospels, Jesus tells robust stories filled with earthy images of soil and seeds, fig trees, wineskins, salt, sheep, and stones. He was a man fully in touch with his senses and who understood the gifts of our senses as a doorway to a deeper encounter with God

Art and aesthetic experience is about cultivating our senses so that we might become more in touch with the sacred dimension of the world around us.

~Christine Valters Paintner (www.abbeyofthearts.com)

Saturday, February 13, 2010, 9am-4pm

Hosted by First Community Church, North Campus, 3777 Dublin Rd

Registration fee: \$30 PREPAID by February 5; \$40 after; includes all materials and lunch

PREREGISTRATION REQUIRED: Visit our website, www.spiritualitynetwork.org, for brochure and registration form or phone: 614/228-8867.

"I'm not creative." "I can't do art." Have you ever said that?

Art and creativity can be intimidating to so many of us who worry that we don't have the proper skills or our creations won't be "perfect." Ten years ago, we launched a journey of creativity and spirituality to help people recognize that as human beings they are inherently creative and to give them an opportunity for hands-on exploration of creativity.

Here is a sampling of comments from participants who discovered their creativity:

"So often we forget to remain children regardless of how old we get—[Arti Gras] helped me do that."

"Thank you for this—the whole day has motivated and inspired me."

"Apprehension at first—Very Fun—Found my artistic self! Thanks!"

"You let us Shine!"

"This has given me inspiration to go home and start writing again."

"I loved the encouragement to just trust—not to worry if I didn't have immediate inspiration—and that made it possible for me to be inspired!"

"Didn't know I was an artist and poet—Thank you!"

"Lots of wonderful materials and peaceful time for contemplation. Amazing to share intense creative time with others."

SPIRITUALITY NETWORK EVENTS

SACRED FEMININE

Our cultural heritage gives us images of The Divine that are overwhelmingly masculine. How do women recognize and claim that they, too, are created in God's likeness? Join us on the second Tuesday of each month as we gather for discussion, reflection, and exploration on a variety of topics that help us to connect to uniquely feminine aspects of The Divine. Our intention is to discover more balance, create more peace, and offer more hope to our world.

First Congregational Church, 444 East Broad St.
PLEASE RSVP: 614/228-8867 or spiritnetwk@hotmail.com. Donations accepted (suggested donation: \$5).



HEALING AND TRANSFORMATION THROUGH MEMOIR

February 9, 2009, 2-4pm, facilitated by Amanda Stone Cushing. **RSVP: 614/228-8867.**

We will look at the genre of memoir in general and women's stories in particular, as a means to discovering the deeper meaning of our experiences. A short writing exercise will provide a springboard for discussion.

TOPICS AND PRESENTERS TO BE ANNOUNCED:

March 9, 2010

April 13, 2010

Join us again or for the first time as we explore creativity as a means to express our spirituality. Experienced facilitators will lead mini-workshops in a variety of artistic media including collage, clay, beads, paint, written word, movement and body prayer. Each workshop will invite participants to enter the creative process through reflection on some aspect of their spirituality. This engaging and interactive event is open to all* who wish to claim—or reclaim—their imaginative, creative selves. What better way to honor our Creator than to embrace our creativity?

*Children under the age of 16 are welcome if accompanied by an adult.

REFLECTIONS FROM THE CHAIR *BEETLEFLIOW?*

by Katherine Murphy Mertzlufft

SPIRITUALITY NETWORK BOARD OF DIRECTORS

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Barbara Davis
Spiritual Director

Summer has passed bringing the growing season that blessed us with its abundance of plants, flowers, vegetables and fruits of the earth to a close. Kicking through piles of fallen leaves on a lovely autumn day, I am reminded of abundance in a different way. The varieties, shapes, colors, and sizes of the leaves capture my attention and I marvel once again realizing this is only a small representation of the amazing abundance and diversity found in all of God's creation. All too soon, this same path I walk on will be blanketed with snow. A new way to experience abundance is held in the wonder of each snowflake individually formed in its own unique shape and then heaped by the millions to cover this piece of the earth. Over and over again, the God of Creation reminds me of abundance and her hand in every detail, if I take time to notice. It is a needed and welcomed reminder in the midst these tough economic times where too many in our world face a scarcity of basic necessities. It is a noticing that stirs my soul.

Celebrations in the midst of the winter season speak clearly to our sense of abundance, of gratitude and of giving as well. Thanksgiving is a time of gratefulness for the blessings and the riches of whatever harvests we have experienced in our own lives, of gratitude for all we have been given and for remembering that all is gift. Christmas, Hanukkah, and Kwanzaa each hold particular ways of enlightening us with reminders of God's abundant love, freely given and the presence of the Holy One in the midst of our ordinary lives. These days set apart help us to notice what we have been given and invite our spirits to a place of gratefulness. It is a place we can rest in and a place that calls us to share our God given riches of time, talent and treasure.

In this newsletter you will find a variety of opportunities the Spirituality Network offers to deepen awareness of the abundance given to us as Living Water. In the tasting we continue to be drawn into God's abundance. It is a Love that cannot be contained and begs to be witnessed through you and me.

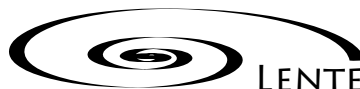
My prayerful pondering invites me from great fullness to the challenge of living so that others experience abundance. Perhaps that resonates with you as well. I am confident as we live into our choices, we will birth a new springtime and abundant new life.

Blessings in abundance.

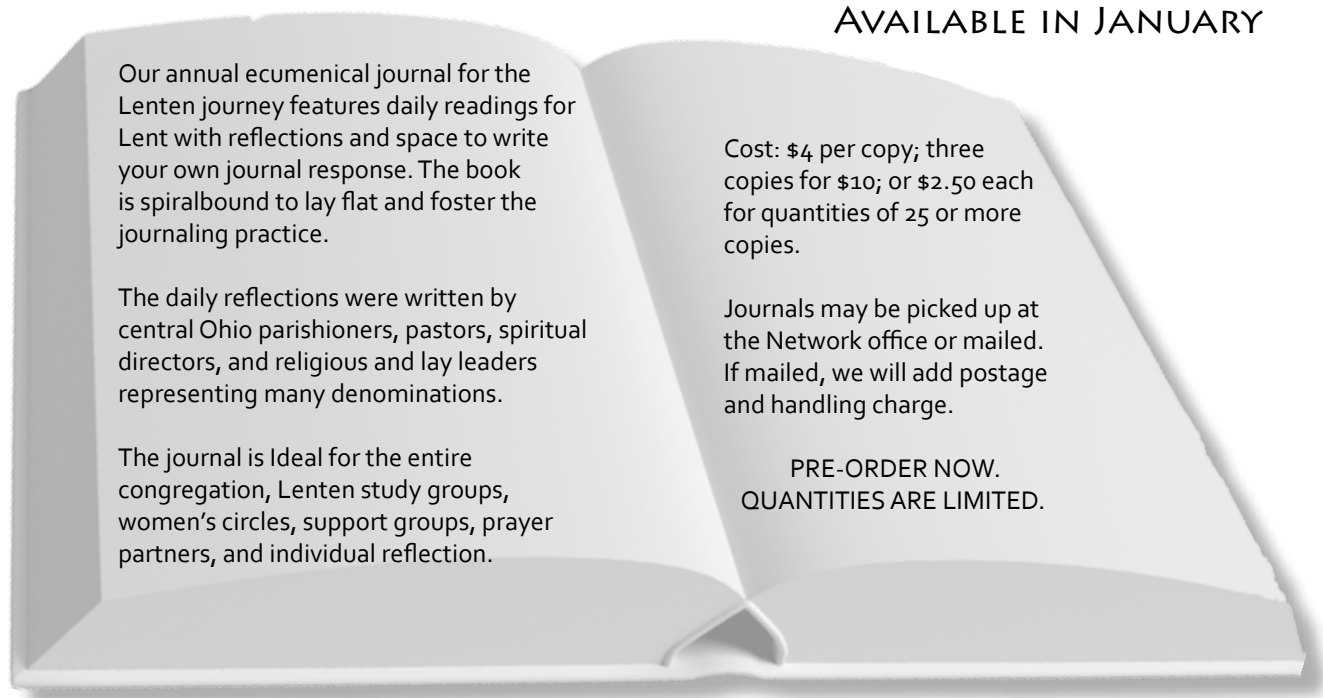
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REFLECT FOR ADVENT & LENT



LENTEN JOURNAL 2010
AVAILABLE IN JANUARY



Our annual ecumenical journal for the Lenten journey features daily readings for Lent with reflections and space to write your own journal response. The book is spiralbound to lay flat and foster the journaling practice.

The daily reflections were written by central Ohio parishioners, pastors, spiritual directors, and religious and lay leaders representing many denominations.

The journal is ideal for the entire congregation, Lenten study groups, women's circles, support groups, prayer partners, and individual reflection.

Cost: \$4 per copy; three copies for \$10; or \$2.50 each for quantities of 25 or more copies.

Journals may be picked up at the Network office or mailed. If mailed, we will add postage and handling charge.

PRE-ORDER NOW.
QUANTITIES ARE LIMITED.

To order: call 614/228-8867, e-mail spiritnetwk@hotmail.com, or visit our website. We will include an invoice with your order.

WINTER QUIET

A SELF-LED DAY OF REFLECTION IN ADVENT

Take a personal retreat day for prayer and reflection while supporting the Spirituality Network.

Choose a time and place for inner refreshment with a self-led retreat. We will send you an outline to follow for your day of prayer with scripture references for contemplative reflection.

Set aside a day in Advent for your personal retreat. Determine the amount of money you might have otherwise spent on entertainment and refreshment, then send a donation in that amount to the Spirituality Network in gratitude for the support that it lends to your life.

Advent/Solstice Themes include"

- ~ darkness and light
- ~waiting and anticipation
- ~inner homecoming



Send your donation with your name, phone number, and e-mail address to:

The Spirituality Network
ATTN: WINTER
444 E Broad St
Columbus OH 43215



WELLSTREAMS WORKSHOPS

Register with the Spirituality Network for these workshops: 614/228-8867 or e-mail spiritnetwk@hotmail.com; or online at www.wellstreamscolumbus.org.

THE POWER OF FORGIVENESS / A LENTEN RETREAT

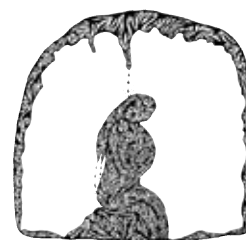
Saturday, March 13, 2010, 9:30am-3:30pm, registration 9:10am. Martin de Porres Center, St. Mary of the Springs. \$50 before March 6, \$60 after. Optional hot lunch \$5.25.

Forgiveness is a process of healing that takes time and goes through many stages. We are all hurt as we journey through this life. Sometimes we are able to let go of the hurts, no matter how severe and at other times we hold on to them and let them blot out the joy and beauty of other life experiences. To continue carrying hurts is to choose to continue to hurt. In the long term, the one I harm most by not forgiving is myself. To hold on to a hurt or grudge saps my psychological and spiritual energy, paving the way for negativity, cynicism, passive aggressiveness, and spiritual boredom. Forgiveness is a gradual realization that I cannot control another.

This important topic of healing and forgiveness will be explored in a retreat format where prayer, input, time for reflection and dialogue will be experienced. Lent invites us to pause and take stock of where we are in our spiritual life. It is a wonderful time to ask God to "take away our stony hearts and give us hearts of flesh instead" (Ezek. 36:26), especially when we sense within ourselves an inclination to hold on to the hurt and pain. We need God's help in the process of forgiveness.

Facilitator: Sister Carol Ann Spencer, O.P. is a teacher, spiritual director and Coordinator of the Wellstreams Training Program for Spiritual Direction. She holds degrees in Theology, Pastoral Ministry and a Certificate in Spirituality from The Institute for Spiritual Leadership.

WELLSTREAMS: AN ECUMENICAL TRAINING PROGRAM



IN SPIRITUAL
FORMATION
AND
DEVELOPMENT

www.wellstreamscolumbus.org

NEW WELLSTREAMS CLASS FORMING

Registration is open for the class that begins in August 2010. For information, see the website (www.wellstreamscolumbus.org). If you have further questions, please e-mail carol.spencer1@juno.com or call her at 614/228-8867.

The deadline for applications is April 15, 2010.

WATCH FOR MORE INFORMATION ON THE FOLLOWING WORKSHOPS AND ANOTHER MINI-COURSE.

May 8, 2010: Workshop on Eco-Spirituality

October 9, 2010: Workshop on Masculine Spirituality

Spring 2010: Mini-Course on Trends in Christian Spirituality

NEED A CHRISTMAS GIFT SUGGESTION?

How about the Spirituality Network's book, *Drawn to the Living Water*? For just \$15, you get an inspiring story, great poetry, photos, and original illustrations. Best of all, you get the "back story," the history of this organization that has meant so much to so many. Here's what some readers are saying about the book:

"I was blessed to find a simple treasure on every page."
~ Melissa Turner-Rustin

"I could not put it down. It was wonderful to read the history and fill in some of the missing pieces. Best of all, I now better understand why I am so proud to be affiliated with this awesome community of pilgrims." ~ Judy Smoot

"*Drawn to the Living Water* was like coming home to old friends and stories that warmed my heart and soothed a tired old soul." ~ Mary Jo George

If you have family out of town, a copy of this book would be a good way to let them know how important the Spirituality Network is to you.

It's available through the Network and online at Amazon.com. If you purchase the book through Amazon, don't forget to access Amazon through the Spirituality Network's site. That's true of all Amazon purchases. The Network gets a financial return on all sales that come through our site.

MORE GIFT SUGGESTIONS

See <http://www.spiritualitynetwork.org/wishlist.html> for details and Amazon link.

Make Me an Instrument (CD) by Kurt van Sickle

All the Way to Heaven (CD) by Jan Phillips

Seven Sacred Pauses: Living Mindfully through the Hours of the Day by Macrina Wiederkehr

Wreck This Journal by Keri Smith

The Breath of the Soul: Reflections on Prayer by Joan Chittister



Taylor, Barbara Brown. *An Altar in the World: A Geography of Faith*. New York: HarperCollins, 2009.

In her previous book, *Leaving Church*, Barbara Brown Taylor wrote about the process of leaving "church," and her work as an Episcopal priest. In this book, *An Altar in the World*, she describes how one can find "church" outside a formal structure. The book's chapters focus on the following twelve practices: vision, reverence, incarnation, groundedness, wilderness, community, vocation, sabbath, physical labor, breakthrough, prayer, and benediction. In each chapter, she describes concrete ways that the sacred can be discovered in what might heretofore have been considered small or insignificant acts. A walk, for example, might assume more meaning after reading the chapter, "The Practice of Walking on the Earth" (groundedness), in which she describes freeing oneself from the purpose of reaching a particular destination and making "the decision to walk with some awareness, both of who you are and what you are doing" (p. 56). Taylor's unique perspective on the practices examined in the book should cause readers to be more mindful as they engage in daily living. This is a book that does not have to be read in chronological order and readers may wish to refer to particular practices time and time again.

Recommended by Susan Imel

HELP THE NETWORK THROUGH AMAZON

Your purchase of books, music, gifts, or gift certificates through our Amazon.com link returns a portion of the price to the Network. Bookmark the Amazon Purchase Program link at www.spiritualitynetwork.org.

FROM THE EXECUTIVE DIRECTOR

Patricia J. Gibboney, CFRE

In this season of Thanksgiving, we are thankful and grateful for all of you, for your ongoing support of The Spirituality Network's mission. We are constantly reminded of the positive impact that this organization has made in the lives of hundreds of people during the past 22 years. And, we always have something new and exciting to share.

By now you have probably received the invitation from the Board of Directors to help us match a challenge gift of \$15,000 that was recently given to us by a donor. I am pleased to share with you that before those invitations were mailed, the board member participation towards this effort was 100%. How grateful I am to be able to work with such a committed and passionate board. We hope that you will prayerfully consider making a gift to help us meet this challenge.

In the upcoming weeks, look for a postcard mailing asking for your input regarding how you would like to receive future newsletters. We are exploring ways to be cost efficient in this tight economy, and printing and postage continue to be one of our most expensive budget items. Some people prefer communication electronically and others prefer receiving the hard copy. We will respect your wishes but we need to know what they are. Please help us by responding with your preference. We appreciate your feedback.

We encourage everyone to check out the website www.spiritualitynetwork.org

It is constantly being updated with news and program opportunities. Be looking for an opportunity to purchase three handmade quilts with a Christmas theme, as well as a handmade rug. All items have been made by artist friends to benefit The Spirituality Network.

Thank you for walking this journey with us. We are most grateful.

THE NETWORK'S FOLLOWING

On Twitter we have followers from:

- 37 different U.S. states
- 26 different countries from 6 continents (none yet from Antarctica!)

On Facebook, the majority of our fans are from the central Ohio area, but we also have fans from:

- 10 different Ohio cities outside of central Ohio
- 3 U.S. cities outside of Ohio
- 3 Canadian cities

Join us! www.twitter.com/spiritnetwk and www.facebook.com search for "The Spirituality Network, Columbus, Ohio"

We would be delighted to come to your church, group meeting, or organization to talk about and lead sessions on spirituality and prayer. Please contact Amanda Stone Cushing to learn more: 614/228-8867. Possible topics for your group:

- Contemplative Prayer
- Introduction to Spiritual Direction
- Creativity, Art, and Spirituality
- Praying with Scripture
- Women's Spirituality
- Men's Spirituality

ONGOING GROUPS

CENTERING PRAYER

Led by Fr. Vinny McKiernan, CSP, at the Newman Center, 64 W Lane Ave, Columbus, Mondays 7-7:45pm and Tuesdays 12:15-1pm. 614/291-4674; e-mail: vinnycsp@yahoo.com

TURNING LEAVES AND TEA LEAVES

Second Wednesdays, 2-3:30pm. A monthly book club facilitated by Marialein Anzenberger, OP, and Colleen Gallagher, OP. Martin de Porres Center, 2330 Airport Dr, Columbus; 614/416-1910; martindepores@columbusdominicans.org; www.columbusdominicans.org/mdp

BLUE HERON SANGHA

Martin de Porres Center, 2330 Airport Dr, Columbus, Tuesdays, 7:15-8:45pm. A mindfulness community in the tradition of Thich Nhat Hanh. Contact Sandy at scoen@columbus.rr.com.

THOMAS MERTON STUDY GROUP

First Mondays, 6-8pm. Vespers in Motherhouse chapel, 2320 Airport Dr, are followed by discussion of Merton readings, led by Merton scholar David Belcastro, PhD. Hosted by Martin de Porres Center, 614/416-1910.

INTERNATIONAL WOMEN'S WRITING GUILD

A network for the personal and professional empowerment of women through writing. Meetings twice monthly, free and open to all, for writing, reading, and gentle critiquing in a safe, supportive environment. *December 5, January 16, February 20, 10am-12:30pm*: Columbus Public Library, 96 S Grant Ave, usually 3rd Fl. Board Room (microwave available). *January 30, 10am-1pm*, Alison Hazelbaker's health practitioners building, 5115 Olentangy River Rd. For other meeting times/locations or to receive our monthly newsletter, contact Jeanne Marlowe at JAMarlowe@juno.com, 614/476-8802.

INTERFAITH ASSOCIATION OF CENTRAL OHIO SPIRITUAL SHARING GROUP

December 2, January 6, February 3, 12-1pm, Columbus Metropolitan Library, 96 S Grant Ave, conference room 1. Share concerns, exchange views, and build relationships.

In Home Dialogue Groups: 5-8 people representing 3 faiths meet at least 3 times in group members' homes.

Contact Jeanne Marlowe, 614/476-8802; JAMarlowe@juno.com.

IACO represents eight major faith traditions—Baha'i, Buddhist, Christian, Hindu, Islam, Jain, Jewish, and Sikh—and holds open houses and educational forums in various locations; see www.iaco.org for details.

BREAD



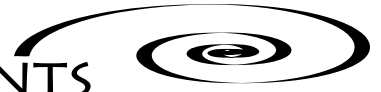
I watched the dawn;
The wintry sunrise warmed me
and the rail outside my window;
I sat in silent hope.

My vigil satisfied at last:
biscotti bits were snatched by
cardinals, and a jay.

I think that God waits also so:
in breathless, quiet hope
that we will surely
pick Her way.

Loretta Shaffer

COMMUNITY EVENTS



MARTIN DE PORRES CENTER

2330 Airport Dr, Columbus; registration/information: 614/416-1910; martindepordes@oppeace.org; www.martindepordescenter.net

Christmas Concert by Columbus Chamber Singers, December 6, 2-3:30pm, directed by Anne Todt, accompanied on piano by Diane Slagle. Free and open to the public. This year's concert will include a Bach Christmas cantata in Latin, several English carols by John Rutter, some sing-along traditional carols, a secular song or two, and a jazz ballad. A free will offering will be taken to support the choir's community performances. PLEASE NOTE: Latecomers will not be seated until the first convenient pause in the program. The Columbus Chamber Singers have been providing the central Ohio community with free concerts and cabaret performances several times a year since 1988.

The Wisdom of the World's Religious Traditions, January 30, 10am-3pm, presenter: Fr. Dan Millisor. Suggested donation \$20, includes lunch. Register by January 27. Join Fr. Dan Millisor in a journey to uncover the wisdom of the world's living religious traditions. Focusing on Judaism, Christianity, Islam, Hinduism and Buddhism, we will explore how religion functions in human life and how religious traditions relate to one another. Fr. Millisor, a priest of the Diocese of Columbus since 1986, participated in the 1993 World Parliament of Religions in Chicago. He taught world religions, ecumenical studies, and spirituality at Ohio Northern University for 8 years. He currently ministers at St. Pius X Parish in Reynoldsburg, Ohio.

Quiet in Winter, February 27, 3-9pm, presenter: Fr. Stephen Fitzhenry, OP. Suggested donation \$20, includes a light supper. Register by February 24. Last February Fr. Steve introduced us to this peaceful evening around the fireplace in the darkness of winter that draws us gently into the mystery of

God. Join us for the reprise of this quiet evening that will allow God to speak to us in Scripture, in the Eucharist, and in each other. The evening will include a simple supper and will conclude with a Sunday vigil Eucharist. Please bring a Bible with you. In his long and distinguished career as a Dominican priest, Fr. Steve has served as a missionary in Pakistan, campus minister to the University of Virginia, and leader of retreats in Dover, MA, prior to becoming chaplain to the Dominican Sisters in Columbus in 2005.

OHIO DOMINICAN UNIVERSITY CENTER FOR DOMINICAN STUDIES

Colonial Room, Sansbury Hall, 1216 Sunbury Rd, Columbus; 614/251-4722; www.ohiodominican.edu/about/dominicanstudies/events.asp. *Registration is required for all events:* e-mail Sr. Catherine Colby, colbyc@ohiodominican.edu.

Aquinas Convocation, January 28, 2010, 10:30am, Matesich Theatre, Erskine Hall; 12pm, Eucharistic Celebration, Christ the King Chapel, Sansbury Hall. Presenter: Dave Caron, OP, a Dominican Friar of the Southern Province of St. Martin dePorres. He holds a Doctor of Ministry degree in Liturgy from Catholic Theological Union in Chicago. He has served as a faculty member at Aquinas Institute, the Dominican Graduate School of Theology and St. Louis University's Theology Department. At Barry University he held the position as Director of the Center for Dominican Studies where he was adjunct professor for the Department of Philosophy and Theology. Fr. Caron's special areas of expertise include Adult Faith Formation, Catholic Mission Integration for schools, colleges and universities, Preaching and Liturgy. Fr. Caron currently serves as vocation director of the Southern Province of the Order of Preachers.

Cosmology, Faith and Sustainability, March 24, 2010, 7pm, Colonial Room, Sansbury Hall. Presenter: Miriam

MacGillis, OP Caldwell Dominican Sister Miriam MacGillis is the co-founder of Genesis Farm, a learning center for earth studies located in Blairstown, New Jersey. She lectures extensively, and has conducted workshops in the US, Canada, Europe, Asia and the Pacific. In 2005, she was presented with the Thomas Berry Award by the Center for Life and the Environment, and in 2007 was named among the planet's top 15 green religious leaders by *Grist* magazine.

Dominican Life of the Mind Lecture Series: Catherine of Siena, April 29, 2010, 7pm, Colonial Room, Sansbury Hall. Presenter: Juliana D'Amato, OP, member of the Dominican Sisters of Peace, Professor Emerita of Italian and Art History, Albertus Magnus College. An area of her scholarly work was devoted to the translation of Catherine of Siena's letters. For the past 2 years, she has served as secretary for the Dominican Sisters Transition Team.

Dominican Conversation Circles Lectures and Dinner. Being Peace: Engaging Our Hearts, March 16, 2010, 6pm, Colonial Room, Sansbury Hall. Presenter: Helen Cahill, OP, MA, D Min, a Dominican Sister of Peace and an experienced spiritual director. She holds a Master in Theological Studies and a Doctor of Ministry from Catholic Theological Union. Helen's ministry includes giving retreats, doing group supervision for formation personnel and conducting workshops on "The Spirituality of Power" and other topics.

Truth Seekers Reflection Series Lectures & Luncheons. Bishop Fulton J. Sheen: His Cause for Canonization, February 24, 2010, 12pm, Colonial Room, Sansbury Hall. Presenter: Dr. Kathleen Riley, Professor of History, Ohio Dominican University.

FIRST COMMUNITY CHURCH

North Campus, 3777 Dublin Rd, South Campus, 1320 Cambridge Blvd, 614/488-0681 ext 226, mhett@fcchurch.com, www.fcchurch.com

Spring 2010 Spiritual Searcher: Alan Berkowitz, PhD. Save the Dates: April 9-11, 2010. Lecture: April 9, Finding the Temple within and the Meaning of Sanctuary. Workshops: April 10, Spiritual Practices for Awakening the Divine Flame Within; Aligning Heart and Mind to Promote Health and Social Justice in our Lives. Sunday AM Groups: April 11, Inspired Action presented with Gran Rockett. Alan Berkowitz is a noted scholar, researcher, and lecturer who is passionate about enhancing and promoting well-being and social justice. He brings his training as a psychologist to the subject of inner life, to help individuals find practical solutions to life's deeper questions.

C. G. JUNG ASSOCIATION OF CENTRAL OHIO
Jung Haus, 59 W Third Ave,
Columbus; 614/291-8050; JungACO@
JungCentralOhio.org; www.
JungCentralOhio.org. Contact the Jung
Association for information and/or to
register for these programs.

Healing the Unconscious Saboteur,
December 5, 2009, 10am-12:30pm,
presenter: John McMullin, First
Community Church, 1320 Cambridge
Blvd., members \$25; nonmembers
\$30 by November 30. \$5 more at the
door. How do we reclaim childhood
memories in order to heal from
our adult consciousness? John will
demonstrate the process of using
intuition and gestalt techniques that
invite us to reparent hidden wounds.
He will discuss his experience of these
wounds manifesting at the spiritual,
emotional, mental, and physical levels.
Long-time Jung Association member
John McMullin is a Holistic Coach who
works with people on their journey of
self-discovery.

*Relational Images of the Divine and
Human Others,* December 12, 2009,
facilitator: Tracy L. Sidesinger, Psy.D.,
JACO Member. Styles of relating to
others are typically thought to be set in
childhood, with variables. We will look

at ways in which relationships, divine
and human, are formed and change
throughout life. How do we grow in
relationships and stay present for the
Mystery inherent in the Other.

Jung 2.0, January 9, 2010, facilitator:
Alan Hoch, JACO Member. Jung's
ideas have been around for nearly a
hundred years now—and that means
they are overdue for an overhaul! Alan
wants to offer a familiar, yet new way,
to organize Jungian Theory that is
easier to understand and an even more
powerful tool for understanding human
personality.

Awakening the Ecstatic Experience,
February 19, introductory lecture;
February 20, experiential workshop,
location & fee: call JACO for details.
The evening lecture will include a
slideshow of postures from around the
world and a review of the method used
to guide individuals into the experience
of ecstatic trance. The next day we
will use the method to experience the
art of healing and the mysteries of
initiation using ritual postures. Certified
Instructor Belinda Gore is a long-time
member of JACO. As a psychologist
she has explored the use and value
of ecstatic trance in contemporary
life. Her new book, *The Ecstatic
Experience: Healing Postures for Spirit
Journeys,* forms the foundation for this
workshop.

2nd Saturday Coffee and Conversation,
10am-12pm, free, donations appreci-
ated.

**THE SPIRITUAL CENTER OF MARIA
STEIN**
2365 St Johns Rd, Maria Stein, Ohio;
toll free 877/925-7625; spiritualcenter@
watchtv.net; www.spiritualcenter.net

*Advent by Candlelight with the Jubilee
Singing Group,* December 6, 7pm, \$5
donation. An evening of Sacred Music
and Readings for the Advent Season.
Candles will light your path to this awe
inspiring Advent musical evening. Call

the Spiritual Center at 419/925-7625 for
reservations.

*New Year's Gathering: Overnight With
the "Q,"* Thursday, December 31 to
Friday noon of January 1, presenter:
Father Al Naseman, CPPS. The "Q" is
the Old Testament preacher Qoheleth
who shares with us his pursuit of the
purpose and value of human life. Come
with friends or meet some new friends
at the overnight retreat to celebrate
the New Year. Couples and singles
are all welcome for this overnight
gathering. \$145 Couple Donation;
\$85 Single Donation; \$35 Evening
Only Commuter. Please register by
December 23.

Men's 12 Step Recovery Retreat, January
5-7, Friday 7pm through Sunday noon:.
For information and registration,
please call or e-mail the Spiritual
Center.

*Your Spiritual Garden: Tending to the
Presence of God,* February 18, 25,
March 4, 11, 25, Thursdays, 7-8:30pm,
facilitator: Charlene Huff, Director
of the Spiritual Center. \$30 donation
(all 6 weeks) or \$5 per session. RSVP
by February 12. Become a spiritual
gardener of your own "life garden"
(your soul). We will follow the book
*Your Spiritual Garden, Tending to the
Presence of God* by Pegge Bernecker
(\$12.95). If you are unable to join us
in person for this Lenten journey,
consider an online option by e-mailing
charlene@spiritualcenter.net.

SHEPHERD'S CORNER
987 N Waggoner Rd, Blacklick,
614/866-4302; shepherdscorner@
sbcglobal.net, www.shepherdscorner.
org/index.html

Winter Solstice Labyrinth Walk,
December 21, 7-8:30pm, facilitator:
Dale Sparlin of Mindful Labyrinths.
Suggested Donation: \$5. Register by
December 17.



444 E Broad St
Columbus OH 43215

Follow us on Twitter: www.twitter.com/spiritnetwk

On Facebook, www.facebook.com, search: "Spirituality Network, Columbus, Ohio"

To receive updates on Network and community events via e-mail, go to spiritualitynetwork.org and click on "Join our Google Group" box in the lower right corner.

The Spirituality Network is an ecumenical outreach addressing the "thirst for the God of Life." Founded by Christians, our aspiration is to be a community of acceptance and inclusion. We seek to create hope, peace, and purpose in our community.

Our programs include:

- Wellstreams Ecumenical Program of Spiritual Formation and Training
- Spiritual Direction Referrals
- Retreat Planning and Facilitation
- Continuing Education for Spiritual Directors and those in companioning ministry
- Women to Women Listening Ministry

WISH LIST

Donations gratefully accepted.

Office Equipment:

Two new computers with flatscreen monitors)
Chair mats
Copier machine
Digital camera/video recorder

Furniture:

color scheme in blues/greens/plums/ivory
four to six lightweight 6' folding tables
Two upholstered armchairs
Several area rugs: one 9' x 12'; two or three 5' x 8'; and one 4' x 6'

Office Supplies:

Paper: Copier, Inkjet, Cardstock
Inkjet cartridges for Epson C3810 and Canon ip4500
Gift cards to office supply stores

Hospitality Supplies:

Cups, napkins, coffee/tea, etc.