

Winter 2016-17 Newsletter



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The Spirituality Network, Inc.
provides:

- Education and formation through the Wellstreams Training Program
- Spiritual direction referrals for groups and individuals
- Retreat planning and facilitation
- Programs to foster the spiritual life
- Connection to a variety of spirituality resources in central Ohio

As an ecumenical organization, the Spirituality Network serves people both within and outside of religious institutions.

Giving Tuesday is November 29. See p. 12.

Call for Nominations

The Spirituality Network is pleased to present the Living Faith Awards. As a multifaith organization, the Spirituality Network aspires to be a community of acceptance and inclusion. We seek to create hope, peace, and purpose in our community. We are pleased to honor individuals who create a more hopeful, peaceful, and faithful world.

We know that there are countless expressions of faith in action in our world. Nominees for the Living Faith Award will be those laypersons who exemplify dynamic faith in their lives. As you consider who would make a good candidate for this award, we encourage you to look for one whose faith is both “lived” and “alive” in ways that inspire, challenge, and serve. Consider those who embody any or all of the following values:

Peacemaking ... In their own homes, their life work, and/or in the community

Tending to the “least of these” ... Visiting the sick or imprisoned, feeding the hungry, giving shelter to the homeless

Caring for creation ... Creating sustainability and good stewardship of God’s creation

Loving neighbor AND self ... Reaching across divisions in our culture and community to honor common ground; caring for oneself in addition to caring for others

continued on p. 8





Workshops

Open to all spiritual directors and those in the helping professions. Please preregister (deadline one week before the class date) by calling 614/228-8867 or wellstreamscolumbus.org/ online: <http://wellstreamscolumbus.org/> (click on the Professional Growth tab). All classes will be held at the Martin de Porres Center, 2330 Airport Dr., Columbus.

Sacred Scripture and Spiritual Direction

February 8, 2017, 7pm-9:15pm, \$30. PREREGISTER BY FEBRUARY 1.

This session explores the human-divine relationship as it is revealed in Sacred Scripture. We will consider praying with the Scriptures, connecting my/our story with the Great Story, and various ways of entering into the stories and texts of the Bible. Part of the session will examine some journal entries of persons having prayed with a Scripture text.

Facilitator: Sr. Joan Supel, OP, Wellstreams faculty member, holds a master's degree in Christian spirituality from Creighton University and a master's degree in religious education from Seattle University. Joan also has her own spiritual direction practice.

Retreat in Daily Life

February 15, 2017, 7pm-9:15pm, \$30. PREREGISTER BY FEBRUARY 8.

This session introduces the 19th Annotation, an adaptation of the Spiritual Exercises, developed by St. Ignatius of Loyola, founder of the Jesuit order, in the 16th century. Through the Spiritual Exercises, Ignatius gives us a transformative process of meeting and encountering God and responding to God's call with a renewed sense of mission.

Facilitator: Sr. Janice Bachman, OP, Jungian analyst, spiritual director, and retreat facilitator. She received her diploma from the Ontario Association of Jungian Analysts. She is a Wellstreams faculty member and teaches in the graduate program in Christian spirituality during the summer at Creighton University.

Compassionate and Nonviolent Communication

February 22, 2017, 7pm-9:15pm, \$30. PREREGISTER BY FEBRUARY 15.

This session introduces Marshall Rosenberg's process of Nonviolent Communication. The workshop will provide opportunities to explore the connection between the language of compassion and spirituality. The focus will be on practical application as a way to deepen the development of a compassionate consciousness.

Facilitator: Katherine Murphy Mertzlufft is on the faculty of the Wellstreams Training Program and is also a spiritual director, life coach, and student of nonviolent communication.

Journaling the Grief Journey

March 8, 2017, 7pm-9:15pm, \$30. PREREGISTER BY MARCH 1.

This session includes a short overview of the grief process and then offers the opportunity to process one's grief by written and artistic response to prompts. The journaling process will purposefully address the fundamental human responses to loss in a gentle and safe environment.

Facilitator: Annie Dalby is a spiritual director, licensed independent social worker, and grief counselor with extensive experience working with those who grieve. She currently works as a social worker for Mt. Carmel Home Care as well as maintaining a spiritual direction practice.

Wellstreams Workshops



Introduction to Reiki



March 15, 2017, 7pm-9:15pm, \$30. PREREGISTER BY MARCH 8.

The practice of Reiki is a learned technique that promotes mind, body, and spirit healing; it has Eastern origins. It is highly effective as an agent for stress reduction and relaxation. Reiki is administered by “laying on of hands.” In the Western practice of Reiki the hand positions correspond with the seven major energy centers (chakras) on the body. There will be information on the history of Reiki and its ideals, along with a basic overview of the Chakra system. There will be time for some experiences of Reiki and its hand positions.

Facilitator: Donita Harris is on the faculty of the Wellstreams Training Program and also a spiritual director and Reiki Master. She was introduced to Reiki in 1996 and became a Reiki II practitioner in 1998, completing her master-level training in 2000. Donita is a member of the pastoral staff of the United Methodist Church for All People in Columbus. She is in charge of congregational development and spiritual formation.

Mandala Making



March 22, 2017, 7pm-9:15pm, \$30. PREREGISTER BY MARCH 15.

“There is nothing as wise as a circle” (Rilke). There are as many methods as there are makers and there are no right or wrong ways to do a mandala. There will be a brief presentation and overview of the spiritual practice of mandala making and its use as an aid for prayer and meditation. For most of the session participants will experience the practice using watercolors, chalk, gel pens, and collage materials. All materials will be supplied. No experience or special talent is needed. The focus is on the PROCESS, NOT THE END PRODUCT.

Facilitator: Bobbi Gill is a spiritual director, artist, poet, and horticulturalist. She is also a graduate of Wellstreams.

Lenten Retreat on Gratitude



March 11, 2017, 9am-1pm, facilitated by Amanda Cushing. An attitude of gratitude is an integral part of any spiritual practice. When we view our lives through a lens of thanksgiving, our hearts expand and pathways into the positive emotion centers of the brain become more accessible. Gratitude reminds us that we are all connected within creation opening up a more expansive view of life. This reflective gathering will include some discussion, community prayer, and individual time for contemplation.

Spirituality Network Events

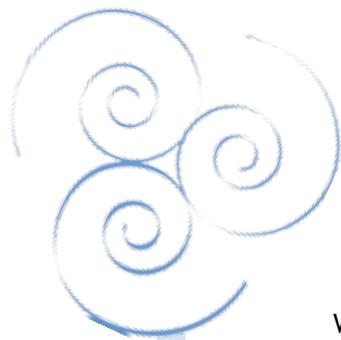
Imagine... 17th Annual Arti Gras!
Celebration of Art and Spirit

Registration and full details will be available online by January 1.

Arti Gras! Celebration of Art & Spirit provides a safe, judgment-free space to explore creativity and spirituality. We focus on the creative process rather than the finished product. Sample creative practices from a variety of mini-workshops and explore your creativity!

What will *you* create?





Meet the Board...

SPIRITUALITY NETWORK BOARD OF DIRECTORS

Rev. Mark Diemer, Chair

Sara Ward, Vice Chair

Judy Ketterer, Secretary

David Holt, Treasurer

Elizabeth Bartley, Interfaith
Liaison

Dave Boling

Jed Dearing

George Glazier

Mo Meuse

Joan Supel, OP, Wellstreams
Liaison

David Westphal

Spiritual Director to the Board
Rev. Dr. Brenda Buckwell

Ex-officio

Joe Fowler
Past Chair

Maxine Shonk, OP
Women to Women Liaison

While the chair of the Board of Directors is on sabbatical, we would like to introduce you to our board members.

This year we welcomed five new board members to the Network. Over the next several months, we will highlight each of them. This month, meet Dave Boling.

Dave serves as chair of the development committee of the Board of Directors. He is a graduate of the Wellstreams Training Program in Spiritual Formation and Development and recently retired from the West Ohio Conference of the United Methodist Church (UMC) where he was part of the Council on Development. While at the conference office he was responsible for the Imagine No Malaria campaign. The West Ohio part of this denominational fundraising effort raised more than \$3.6 million to eradicate malaria deaths in sub-Saharan Africa and more than 70 million worldwide!

Dave views fundraising as a ministry and as a way for people to connect their passions to the mission and the work of the Network. There are many ways you can help.

Prior to joining the United Methodist Church, Dave retired from State Auto Insurance Company. He now serves as a Certified Lay Minister in the church and has served as a hospice volunteer.

Dave says the work of the Network, especially spiritual direction, has made a life-focusing difference in his life and ministry. As our Board Development Committee chair, he will be working with Renee and the Board to actively raise funds and friends for the Network. He is always open and would welcome the chance to talk with you about the work the Network and how you can make a difference.

Dave has been married to his wife, Anita Louise, for 44 years. They have two grown daughters and two grandsons and another grandson on the way.

When asked his final thought for this interview, he simply said, "Pray for the work Network and for those who participate in its programs. And, most of all, be gentle with yourself."



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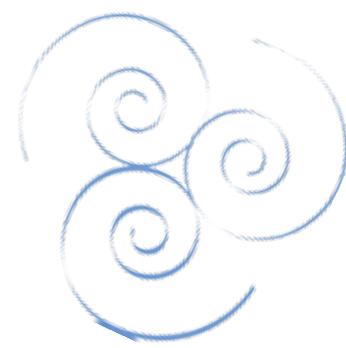
p. 6, Amanda Stone Cushing

p. 9, Sandra Kerka

p. 11, courtesy of Roy Smoot



From the Executive Director...



by Renee P. Wormack-Keels

This fast-paced season of holiday gatherings of family and friends, the making of lists and checking them twice, and the recent time change remind me of the importance of slowing down. In this season of hurry, the time of “savoring pace offers insight into slowing down.” Dr. Kirk Byron Jones, the creator of this term, introduced it several years ago to our colleagues and friends in ministry. “The Savoring Pace is an intentional effort to see more clearly the ordinary and the extraordinary, listen more carefully to sounds and silences, and think more deeply, especially about those ideas and thoughts that stimulate new growth and positive change.”¹ I am choosing to take the time to be more reflective and think more deeply.

Perhaps it is also connected to the fact that the end of 2016 is near and another “new year” is upon us. This season calls me into a time of reflection and introspection—some things about the past, looking back at those things for which I am most grateful. It’s an opportunity to recall the grace extended to me—the life-giving experiences that have become greater than the life-draining ones. And I become a more joyful person.

Along these same lines of reflecting on this season, I want to take this opportunity to thank all of our supporters and volunteers who have given of their time and resources to ensure the viability of the Network. We are so grateful for all that you have provided.

As we near the end of the year, we invite you to continue to support the Spirituality Network with an end-of-the-year gift. On November 29, we will participate in the online philanthropic program—Giving Tuesday. Giving Tuesday is a new strategy for nonprofits to tell their stories and engage the online community in transforming followers and fans into donors. For more than 26 years, the Spirituality Network has shared the story of God’s presence with hundreds of participants in the Wellstreams program, Arti Gras, Women to Women, providing spiritual direction to those seeking a closer relationship with the divine, and celebrating the faith walk of so many persons in the annual Living Faith Awards. Watch for more information in the e-mail blast, on the website, and also on Facebook.

May this season of Thanksgiving, Advent, Hanukkah, the Winter Solstice, Kwanzaa, Pancha Ganapati, and all the holidays remind us to celebrate with joy and peace.

¹ Referenced in Kirk B. Jones, *Addicted to Hurry: Spiritual Strategies for Slowing Down* (Judson Press, 2003).

Nourish the Network on #Giving Tuesday

On Tuesday, November 29, 2016, The Spirituality Network is participating in #Giving Tuesday, a global day dedicated to giving.

Last year, more than 45,000 organizations in 71 countries came together to celebrate #Giving Tuesday. Since its founding in 2012, #Giving Tuesday has inspired giving around the world, resulting in greater donations, volunteer hours, and activities that bring about real change in communities. We invite you to join the movement and to help get out and give this November.

Your gift that day will nourish the programming of the Spirituality Network as we support those who thirst for the God of life.

We are inspired by your generosity in time, efforts, and ideas. Your ideas have brought the vision and mission to creatively provide spiritually enriching programs for individuals and groups into reality for more than 25 years. Thank you!

Look for more information about #Giving Tuesday to come in your e-mail and on Facebook.



The Wellstreams Advisory Council hosted an Anniversary Celebration luncheon on September 24 at Gender Road Christian Church. It was a time of sharing memories, reflecting, remembering, and inspiration. We honored the history and look forward to the future of the Wellstreams program.

Margaret Mead said: “Never doubt that a small group of thoughtful, committed citizens can change the world; indeed, it’s the only thing that ever has.” More than 20 years ago there was a small group of thoughtful, faithful, and committed people who—guided by God’s spirit—imagined, enabled, and helped to create Wellstreams. This day was an opportunity to celebrate and thank those who were there at the beginning, the Education Formation Committee of the Spirituality Network in 1992 chaired by Carol Ann Spencer. We also recognized the gifts of all those who followed and continue to do the important work of providing a program for men and women who desire to enter into training in spiritual direction.

The program was centered on this poem:

Into the calm of life often falls an unexpected stone of awareness.

While sinking to unfamiliar depths of discovery it also stirs up

the clear refreshing waters within.

This water cannot be contained but insists on streaming out

in a life of thanksgiving and compassion.

- Maxine Shonk, OP



Carol Ann Spencer led us in a time of reflection on the “stone of awareness” and the beginnings of the Wellstreams program. Sharon Reed was unable to attend but Joan Supel read Sharon’s writings about the “Depths of Discovery” and led us into a time of silent meditation. Amanda Stone Cushing encouraged the sharing of dreams as we focused on what it means to be “Still Steaming.” Nine graduates of Wellstreams over the past 20 years responded on video to questions about the gifts, challenges, and surprises of spiritual direction as well as their dreams for the future of Wellstreams.

This event was also a fundraiser and our raffle, which was organized by Annie Dalby and Ginger Harris, raised more than \$650 for the Wellstreams Scholarship Fund.

There was both an opening and closing prayer ritual and each person received a “stone of awareness” as we continue to reflect on the gifts of spiritual direction and the blessing of Wellstreams in our lives.

Submitted by Margot Connor

Wellstreams Celebrates 20th Anniversary



Opening Worship

Welcome to this circle where we have come to know that...
Into the calm of life often falls an unexpected stone of awareness.
While sinking to unfamiliar depths of discovery, it also stirs up the clear refreshing waters within.
This water cannot be contained but insists on streaming out in a life of thanksgiving and compassion.

Stones of Awareness Ritual

Today we come together in joyful celebration. We come together to RE-unite and to RE-member the stones of awareness that have been stirred within us—individually, as a class, as community. Come—enter into this prayer space of reflection and praise.
To bring our prayer to ritual, a representative from each of the Wellstreams' classes, as well as a representative of the faculty, will now, one at a time, when invited, carry forward a Stone of Awareness to be placed into our pool, our "well," of clear water.

The stone of COMPASSION
(as stone is being carried to water)
embracing us when we were alone or worried or confused; when our hearts were besieged with pain...the wellspring of compassion flowed deep within us.

(after stone is placed into water)
(Now we know the enfolding of God's love and can taste the tears of our brothers and sisters who suffer. We become the warm hands and warm eyes of compassion for those who reach out to us.)

The stone of PEACE
was there stilling our hearts that were quaking with fear or doubt or confusion. We discovered peace in the "God-seed" of our being and in the flowering of our inner goodness.

(Now the warmth of this peace through us may bring calm to those who tremble in fear and in uncertainty.)

The stone of JOURNEY
was with us over each hill, under each obstacle, and in each fork in the road...staying by our sides, companioning us on the pathway, talking with us when we were lonely, carrying us when we felt abandoned, resting with us when we were weary.

(Now we bless others with companionship as they carry their Journey stones.)

The stone of TRANSFORMATION
offered us "holy" when we were overcome by the effects of abuse ... of mind, soul, body, or spirit. This journey into the transformation experience brought us to its other side where compassion waited and peace stood ready to welcome us home to ourselves.

(Now we "know" God's blessings with all we need to be faithful to the transformation process. We process with others, through healing, into inner strength and wisdom.)

The stone of GRATITUDE
invited us into the holy of discovering within ourselves the place of envy—where the gifts of others brought us to sadness; invited us to contemplate what it is we desired for ourselves and drew our hearts to what God desires for us.

(Now we may be consumed with the gratitude for the gifts we have been given and the gift that we are...and so then brought to a genuine enthusiasm for the gifts of others.)

The stone of AWAKENING
invited us into the blessing of God as we experienced loss. It invited us into letting go of the past, a relationship, health, youth, or any loss, to take the time to remember and reflect on how the object of our loss had gifted us and what was awakened in us as a result of its presence in our lives.

(Now, because we were companioned into grateful goodbyes to what was, we may say a gracious hello to the "more" that God holds out to us.)

The stone of GRACE
came, in its holiness, when we were overwhelmed by worry or work or bent over by demands on our lives. God eased our overwhelm with the touch of grace on our spirits, calling us to partake of each present moment—appreciating the present, and the presence, of "all" around us.

(Now we stand up straight with a profound awareness of God's grace and life within us)

continued on p. 8



The stone of CONTEMPLATION

called us into the still point of Divine Presence; called us into a contemplation that birthed fruit within the words spoken to us; birthed fruit within the words spoken through us; and birthed fruit through the work we practiced to do.

(Now, out of the silent centers of our beings we may bring serenity and peace to every circumstance and to each person.)

The stone of PRESENCE

was there when we were disheartened and demoralized by the forces around us. At those times we were encircled and shielded by the presence of God. And, there, God's presence within us awakened the place of our inner authority.

(Now God's presence with us empowers us to speak our truths in love.)

The stone of STILLNESS

calmed our hearts when they were agitated, inviting us to meet God in the stillness of our beings. Through stillness God broke through into the activity of our days and called us to stand still and notice God's activity in our lives.

(Now the knowing of our own inner stillness may draw others to the God of peace.)

The stone of MERCY

forgave us, beckoned us and gave us courage to know our dependence on the One who possesses us. We found God's love in the face of being in our fear and failure, brokenness and pain.

(Now, through our readiness to forgive others and ourselves, we bring others to trust more deeply in the compassion and mercy of God)

The stone of HOPE

was with us, inspiring, calling, inviting us to dream and to believe in possibilities.

(Now, as Hope continues to encourage us to trust the dream that is forming in us, may our uplifted faces and courageous spirits inspire others who have lost hope.)

We are grateful to Maxine Shonk for her created Blessings & Silver Linings, which offered foundation for this Stones of Awareness prayer.

Offering of Blessing over Stones of Awareness Water

May the water holding these gifts of our Wellstreams journey come together as ONE and be blessed as refreshment for our individual and collective Spirit. Amen.

Stones of Awareness Ritual by Debbie Brenneman

Call for Nominations – continued from p. 1

In addition to the Living Faith Awards, we are accepting nominations for these three special categories:

The Alvin R. Hadley Social Justice Award: This award will be given in recognition of exemplary work in the field of social justice. These nominees will have engaged in efforts giving voice to the voiceless, and/or seeking access to basic civil and human rights for all, and/or working toward changing unjust laws and practices.

The Interfaith/Multicultural Award: This award will recognize an individual who exemplifies the best of their faith tradition and strives to create bridges of understanding and acceptance across traditions.

The Hope for Tomorrow Award: This award will be given to a young adult, aged 18-30, who lives his or her faith through service, leadership, and personal integrity.

To submit a nomination visit our website: spiritualitynetwork.org and follow the Living Faith Awards link on the home page.

Women to Women

Winter greetings from the Women to Women Listening Ministry.

W2W is pleased to announce the opening of a new Listening Circle site at St. Philip's Episcopal Church, 166 Woodland Avenue, Columbus. The first session will be held January 11, 2017, 10:30am-11:45am. Following the initial meeting, the Listening Circle will meet on the second Wednesday of the month from 10:30-11:45am. Just as the Listening Circle ends its monthly session the food bank is opening at St. Philip's. We hope this timing will help draw women to the meeting.



In order to attract additional women to our other new site, St. John's Episcopal (1003 W. Town St.), W2W have worked with the staff at St. John's to adjust the meeting time to the last Tuesday of the month with lunch (provided by the church) at 12:00pm and the Circle from 12:30-1:30pm.

W2W is excited to extend our outreach to these two areas of Columbus and we pray for the success of each site and for all those who participate.

The W2W fall retreat, Connections: Weaving the Fabric of Our Lives Past, Present, and Future, was held on October 14-15 at Dominican Acres. Our own Marge Whittenberg facilitated the retreat. As part of the retreat each participant received a small loom handmade by companion Heather Kammiller. Yarns of various colors and textures were provided. Participants were asked to bring something of their own which held specific memories of a person, event, or time in their lives. Heather then helped each participant weave the object into a unique art piece. Camaraderie, laughter, and respect were highlights for the participants.

The holiday season is fast approaching and W2W is making plans for our annual Christmas party for the women we serve. The party will be held on Wednesday, December 21 at Martin DePorres Center. Members are collecting various personal care products, candy, stationary, gum, knick-knacks, dishtowels, potholders, small household items, books, and Christmas decorations for the goody bags each guest receives. This event is always well attended and we are looking forward to spreading holiday cheer.

As we begin to reflect on the people and events of 2016, which helped shape the W2W mission and ministry, W2W continues in our discernment process to renew and invigorate our mission and ministry. We are grateful for the gifts and talents each companion brings to our ministry, the insights and wisdom from the women we serve, and the support of the Spirituality Network. We are hopeful 2017 will be a year in which membership is increased and members continue to offer gifts/talents, time, and prayer for the success of our ministry and mission.

W2W wishes each of you a joyful and merry Christmas. May you enjoy peace in your heart, in your home, and in the world.

Submitted by Linda Williams



God of quiet moments,
before the busyness of this day commences,
speak to me of the importance of pause —
those small spaces between my many activities
that give rise to the briefest of reflections.
Sudden awarenesses of the
aching in my heart, longing for comfort,
fear paralyzing my willingness to risk,
joy from laughter shared with another,
awe from the beauty of creation that catches me by surprise.
Then, God,
comfort my aching,
quiet my fears,
affirm my joy,
and fill me with awe
so that I may know the goodness of You and my life!

Laura Baum-Parr

Going deeper:

Pause a moment to look within...

What are you aware of in the depths of your being?

What do you ask of God?

Spirituality Network Wish List

If you can assist with donation or helping us to purchase these items,
we would be most appreciative.

Two new computers

Office supplies: copy paper, envelopes

Postage stamps

Hospitality items: coffee, tea, etc.

Judy Smoot, 1954 – 2016



On October 10, 2016 Judy Smoot passed on to eternal life in God.

Judy founded the nonprofit Always We Begin Again to offer spiritual support for those living with chronic illness and those who care for them.

She became a spiritual director and retreat leader after completing Wellstreams in 2007. Most recently, Judy completed studies with the Expressive Arts Florida Institute, sharing her gift of creativity and healing through the expressive arts. A wife, mother, grandmother, sister, daughter, friend, Judy touched our lives and hearts through her beautiful, faithful spirit. Our inexpressible grief is eased by our deep gratitude for her beautiful life shared with so many.

For those who wish to honor Judy's memory, she requested donations to the Wellstreams Scholarship Fund of the Spirituality Network.

Send to:

The Spirituality Network
Attn: In Memory of Judy Smoot
444 East Broad Street
Columbus, OH 43215



Ongoing Groups

CENTERING PRAYER

Led by Fr. Vinny McKiernan, CSP, at the Newman Center, 64 W Lane Ave, Columbus, Mondays 7-7:45pm and Tuesdays 12:15-1pm. 614/291-4674; e-mail: vinnycsp@yahoo.com.

INTERNATIONAL WOMEN'S WRITING GUILD

A network for the personal and professional empowerment of women through writing. Meetings free and open to all, for writing, reading, and gentle critiquing in a safe, supportive environment. **Men are welcome!** Contact Jeanne Marlowe at jamarlowe@juno.com, 614/476-8802 for free e-newsletter with additional dates.

December 3, January 7, February 4: 10am-12:30pm, Karl Road Branch Library, 5590 Karl Rd

INTERFAITH ASSOCIATION OF CENTRAL OHIO SPIRITUAL SHARING GROUP

Contact Jeanne Marlowe, 614/476-8802; jamarlowe@juno.com; www.iaco.org. IACO represents nine major faith traditions—Baha'i, Buddhist, Christian, Hindu, Islam, Jain, Jewish, Sikh, and Unitarian Universalism.

TURNING LEAVES AND TEA LEAVES

Second Wednesdays, 2-3:15pm. Monthly book club facilitated by Marialein Anzenberger, OP, and Colleen Gallagher, OP. Martin de Porres Center, 2330 Airport Dr, Columbus; 614/416-1910; martindeporres@oppeace.org; www.martindeporrescenter.net.

BLUE HERON SANGHA

Tuesdays, 7:15-8:45pm. Martin de Porres Center, 2330 Airport Dr, Columbus. A mindfulness community in the tradition of Thich Nhat Hanh. Contact Sandy at scoen@columbus.rr.com.

THOMAS MERTON STUDY GROUP

Third Mondays, 6-8pm. Vespers in Motherhouse chapel, 2320 Airport Dr, and discussion of Merton readings, led by Merton scholar David Belcastro, PhD. Hosted by Martin de Porres Center, 614/416-1910.

CENTERING PRAYER GROUP

First and third Saturdays of each month, 10:30am-12pm, Corpus Christi Center of Peace, 1111 E Stewart Ave, 614/512-3731.

TAIZÉ EVENING PRAYER

Third Sunday of each month, 4-5pm, Corpus Christi Center of Peace, 1111 E Stewart Ave. All are welcome to join us for evening prayer in the style and spirit of the Taizé Community: song, silence, reflection. The prayer of Taizé is known especially for its simple yet beautiful chants, the proclamation of sacred scripture and extended periods of silent meditation.

Community Events



C. G. JUNG ASSOCIATION OF CENTRAL OHIO

Jung Haus, 59 W Third Ave; 614/291-8050, JungACO@JungCentralOhio.org, www.JungCentralOhio.org. Call or e-mail for information and/or to register for these programs.

Dreams and Spiritual Growth, December 9, 7pm-9pm, & 10, 9am-4pm, JungHaus. Presenter: Janice Bachman, OP, Jungian analyst. Space limited to 14 participants.

Using Ritual Postures for Divination, January 21, 2017, 9:30am-4pm, Spring Hollow Lodge, 1069 W. Main Street, Westerville. Presenter: Belinda Gore. Preregister by January 10; registration includes lunch. Learn how to use simple ritual postures, accompanied by drums or rattles, to perceive truth by an intuitive means.

Anthony Moore: A Jungian Journey toward Wholeness. March 18, 2017, 9:00am-1:15pm. Location details to come. Anthony Moore spellbinds international audiences with his moving Jungian journey to connect with his Marine father who died in war before Tony was born. He brings to life both the inner and outer work required to find wholeness and meaning, described in his book, *Father, Son and Healing Ghosts*.

JungHaus SoulCollage® Community, ongoing. Explore your inner wisdom through creating 5"x8" collages using images from magazines and books. No art experience is necessary. Our nurturing community meets every 4-6 weeks. To be added to the mailing list for upcoming workshops, e-mail MJ Abell at mjabell13@gmail.com.

COMPASSIONATE COMMUNICATION CENTER OF OHIO

2350 Indianola Ave, Columbus, OH 43202; 614/558-1141; info@speakingpeace.org; speakingpeace.org

Life Transitions: Rediscovering the Spark Within, January 20-22, 2017, 9:30am-4:30pm with Kathleen Macferran & Mary Mackenzie. Location: Goodwill Columbus, 1331 Edgehill Rd. Columbus. Early bird price through December 30. 10% off multiple person discount.

More information and registration: <http://www.speakingpeace.org/jan20-lifetransitions/>

FIRST CONGREGATIONAL CHURCH

444 E Broad St, Columbus; 614/228-1741, www.first-church.org

Christmas Lessons & Carols, December 18, 4pm

Congregational Concerts, 4pm:

February 26—H.M.S. Pinafore by Gilbert & Sullivan (concert performance)

March 10—Michael Bouvard, organist (Note time: Friday 7:30pm)

April 23—Handbells Columbus with Karen Buckwalter

First Tuesdays Concerts at 12:15pm followed by a soup & salad lunch (\$5)

February 7—Tyler W. Robertson, organist

March 7—Bach's Birthday Concert - Kevin Jones, harpsichordist

ENNEAGRAM INSTITUTE OF OHIO

4231 Edgehill Dr, Columbus, OH; www.enneagram-ohio.com/

Experiential Enneagram Series, September 2016 through June 2017, first Wednesday of every month, 6:30-8pm, Room 105, Annex Building of First Community Church, 1320 Cambridge Blvd. \$20 payable at the door (scholarships available). Explore various aspects of the Enneagram, such as lost childhood messages, how each type tries to get what they want, addictions and eating disorders, the payoffs of contemplative practice for each type, among others. There is something for every type each month and each class is designed to stand alone.

STs. PETER & PAUL RETREAT CENTER

2734 Seminary Rd, SE, Heath; 740/928-4246; info@stpeterandpaulretreatcenter.org; www.stpeterandpaulretreatcenter.com

Advent Morning of Reflection, December 10, 2016, 9am-12pm, with Sister Louise Mary Passeri, Dominican Sister of Peace. \$20 includes a continental breakfast.





444 E Broad St
Columbus OH 43215
spiritnetwk@hotmail.com
spiritualitynetwork.org

The Spirituality Network is an ecumenical outreach addressing the “thirst for the God of Life.” Founded by Christians, the Network aspires to be a community of acceptance and inclusion. We seek to create hope, peace, and purpose in our community.

We Believe:

- That God’s love is unconditional
- That each person is drawn into relationship with God through the circumstances of human experience
- That a healthy, ongoing relationship with God, self, and all of creation moves one to respond authentically to the needs of others
- That a contemplative life stance must be rooted in prayer, nonviolence, and a radical passion for truth

To receive updates on Network and community events via e-mail, go to spiritualitynetwork.org and click on “Join E-mail List” on the lower right side of the page. Click on “Apply for group membership” on right side of the google group page. Click on red signup button and follow prompts using gmail or any e-mail address.

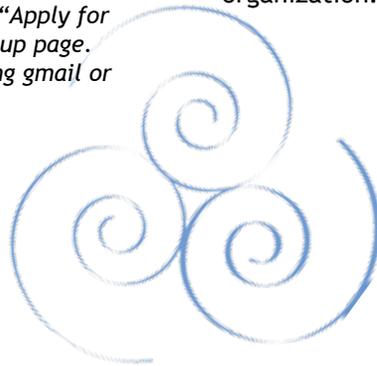
We Provide:

- Education and formation through the Wellstreams Program
- Spiritual direction referrals for groups and individuals
- Retreat planning and facilitation
- Programs to foster the spiritual life, including continuing education and professional enrichment for those in caring ministries
- Outreach to the underserved in society, through programs, scholarships, and other enrichment opportunities

We Serve:

- Both those with and without formal faith affiliations
- Both those with and without ability to pay.

The Spirituality Network, Inc. is a nonprofit 501(c)3 organization.



Support the Mission of The Spirituality Network:

DONATE ONLINE NOW:

Or mail your tax-deductible gift to The Spirituality Network, 444 East Broad Street, Columbus, Ohio 43215.

Thank you!

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